



Carlsbad Ranch Market

COLD SANDWICHES

- #1 VEGAN** \$12.99
Choose Bread. Homemade Lentils, Spinach, Carrots, Tomatoes, Italian dressing.
- ★ **#2 CRM CLUB** \$15.99
Choose Bread, Turkey, Provolone, Lettuce, Tomato, Sprouts, Salt & Pepper, Italian Dressing - *Avo & Bacon.
- ★ **#3 GARDEN STYLE** \$12.99
Choose Bread, Turkey, Provolone, Lettuce, Tomato, Sprouts, Cucumber, Carrots & Spinach, Italian dressing
- #4 VEGGIE** \$12.99
Choose Bread. Herb Mozzarella, Lettuce, Tomato, Sprouts, Carrots, Cucumbers, Spinach, Avocado, & Italian Dressing.
- ★ **#5 BLT** \$12.99
Choose Bread. Bacon, Lettuce & Tomato, *Mayo
- #6 SPICY STYLE** \$12.99
Choose bread. Turkey, Chipotle Gouda, Spinach, Carrots, Pepperoncinis, Tomato, Chipotle Mayo
- ★ **#7 WALTER** \$15.99
Spinach Wrap, Turkey, Herb Mozzarella, Chipotle Mayo, Lettuce, Tomato, Red Onion, *Avocado & Bacon
- ★ **#8 KENT** \$15.99
Toasted Sourdough, Turkey, Cheddar, Lettuce, Italian Dressing, *Avocado & Bacon
- #9 PATRIC C.** \$12.99
Rye Bread, Ham, Swiss, Lettuce, Tomato, Sprouts, Cucumber, & Honey Mustard.
- #10 ZEKE** \$12.99
White Bread, Swiss, Spinach, Tomato, Cucumbers, Pickles & Avocado.
- ★ **#11 GLEN** \$17.99
Spinach Wrap, *Double Chipotle Chicken, Cheddar, *Avocado, Spinach, Sprouts, Carrots, Red Onion, Cucumbers, Chipotle Mayo
- #12 CHIN** \$14.99
Wheat Bread, Turkey, Tomatoes, Sprouts, Red Onion, *Bacon, Yellow Mustard, Homemade Pesto, Mayo, Oil & Vinegar, Salt & Pepper.
- #13 ZARA DAD** \$17.99
Spinach Wrap, *Double Turkey, *Double Swiss, Spinach, Tomato, Cucumber, Carrots.
- #14 AJ VEGGIE** \$12.99
White Bread, Swiss, Lettuce, Tomato, Sprouts, Cucumbers, Spinach, Carrots, Pepperoncinis, Pickles, Red Onion, Avocado w/ Light Mayo, Light Mustard.
- #15 TUNA** \$12.99
Choice of Bread. Freshly Made Tuna Salad w/ Chopped carrots, Chopped Celery & Red Onions. Provolone Cheese, Lettuce, Tomato.
- #16 EGG SALAD** \$12.99
Choice of Bread. Freshly made Egg Salad, w/ Salt & Pepper, Lettuce & Tomato.
- ★ **#17 THE MESS** \$15.99
Choice of Bread. Turkey, Ham, Swiss, Lettuce, Tomato, Red Onion, Italian Dressing, Mayo, *Avo & Bacon.
- #18 SPICY CHICKEN CAESAR** \$12.99
Spinach wrap, Chipotle Chicken, Lettuce, Parmesan Cheese, Caesar Dressing.

★ = Customer Favorites.

**Bread ideas are suggested,
You may choose your own.

*Prices vary due to extras or add-ons.

ALSO

Ask about our
'Soup of the Day'





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HOT SANDWICHES

BUFFALO CHICKEN \$12.99
Toasted French Roll, Buffalo Chicken, Buffalo Sauce,
Ranch, Provolone, Lettuce, Tomato, Carrots

CHIMICHURRI \$12.99
Toasted Ciabatta Bread, Roast Beef, Havarti Cheese,
Homemade Chimichurri sauce, Garlic Butter, Mayo,
Spinach, Tomato

CHIPOTLE CHICKEN \$12.99
Toasted French Roll, Chipotle Chicken, Chipotle
Gouda, Chipotle Mayo, Lettuce, Tomato

FRENCH DIP \$12.99
Toasted French Roll, Roast Beef, Swiss, Side of Au Jus

HOT ITALIAN \$12.99
Toasted French Roll, Ham, Salami, Provolone, Lettuce,
Tomato, Red Onion, Pepperoncini, Oil/Vinegar,
Mayo/Mustard Salt & Pepper

SPICY BBQ \$12.99
Toasted Brioche Bun, Roast Beef, Saus Brand Peach
Habanero BBQ Sauce, Provolone, Pickles, Coleslaw

TURKEY PESTO \$12.99
Toasted Sourdough, Turkey, Provolone, Homemade Pesto
Spread, Lettuce & Tomato

PASTRAMI \$12.99
Toasted Rye, Pastrami, Swiss, Spicy Deli Mustard,
Lettuce, Tomato, Pickles

RUBEN \$12.99
Toasted Rye, Pastrami, Swiss, Sauerkraut, Spicy Deli
Mustard, Pickles

PHILLY CHEESESTEAK \$12.99
Toasted French Roll, Roast Beef, Provolone, Chipotle
Mayo, Green Bell Peppers, Mushrooms, Pickles

MEXICAN TORTA \$14.99
Toasted French Roll, Ham, Turkey, Refried Beans, Queso
Fresco, Lettuce, Tomato, Red Onion, Fresh Jalapeños,
Mayo, Avocado

NEW **BREAKFAST SANDWICHES**
CHOOSE- WHEAT, SOURDOUGH, RYE OR WHITE
MAYO OPTIONAL

#1 BACON MELT \$6.99
Egg, Bacon & Cheddar Cheese

#2 SUNNY VEGGIE \$6.99
Egg, Avocado, Spinach, & Herb Mozzarella

#3 DOUBLE MESS \$9.99
Egg, Bacon, Ham & Extra Cheddar Cheese

Breakfast Sandwiches served
M-F 9-11 / SAT & SUN 10-12

NEW **ACAI BOWLS \$10.99**

CRM BERRY BOWL
Acai Sorbet, Strawberries, Blueberries, Bananas, & Granola

NUTELLA BOWL
Acai Sorbet, Banana, Strawberries, Granola, Nutella

BLUE TROPICAL BOWL
Acai Sorbet, Blueberries, Mango, Pineapple, Coconut, Granola
+Extra Add-Ins

Almond Butter + \$1
Spinach + \$1
Protein Powder + \$1
-(Choc or PB)

Caramel + \$1
Fresh Fruit + \$1.50
Local Honey + \$1.50
Coconut \$1

COFFEE SMOOTHIES \$9.89

NEW **MISS BLUEBERRY BEAN**
Blueberries, Chocolate Protein, Coffee & Oat Milk

NEW **MR. BEAN SMOOTHIE**
Bananas, P.B. Protein, Cinnamon, Coffee & Oat Milk

FRUIT SMOOTHIES \$8.89

ACAI
Acai Sorbet, O.J.,
Banana, Strawberry

MR. BLUE
Coconut Base, Blueberry,
Banana, Cinnamon

B&B
Oat Milk, Strawberry,
Blueberry, Banana

TROPICAL
Coconut Base, O.J., Mango,
Pineapple, Banana

CRM
Coconut Base, Pineapple,
Pear, Kale

FRESH JUICES

BUZZ \$7.99
Orange, Carrot, Lemon,
Ginger, Turmeric

ROOT \$7.99
Beet, Lemon, Apple, Carrot

GREEN \$7.99
Kale, Celery, Cucumber,
Apple, Ginger

SPICY \$7.99
Beet, Carrot, Lemon,
Jalapeno, Ginger, Turmeric

REEGAN \$7.99
Kale, Spinach, Celery,
Parsley, Cucumber

50/50 \$6.99 **O.J.** \$6.99
Carrot & Orange

CARROT \$6.99